

FLYING WOKS MENU



ENTREES/FINGER FOOD

Seared Dumplings \$4.00 1 piece

Authentic hand made dumplings served with traditional soy dipping sauce. **Pork or Veg HOT, DF, NF**

Rice Paper Rolls \$4.50 1 piece

Hand rolled with coriander, vermicelli and vegetables with Vietnamese dipping sauce. **Prawn and Veg COLD, DF, and NF**

Prawn & Potato Wraps \$4.00 1 piece

Golden fried prawns wrapped in shredded potato and served with sweet chilli sauce. **HOT, GF, DF, NF**

Thai Style Bruschetta \$4.00 1 piece

Ripe tomato, Thai basil and mild chilli paste on fresh sourdough bread. **COLD, DF, NF, VE**

Steamed Buns \$4.00 1 piece

Delicious hand made buns cooked in front of your guests from our giant wok steamers. **Pork or Veg HOT, DF, NF, VE**

Spring Rolls \$4.80 2 pieces

Home made Vietnamese spring rolls, pork or vegetable. **HOT, DF, NF**

Five Spice Samosas \$4.00 2 pieces

Hand turned pastry filled with masala-curried vegetables. **HOT, DF, NF**

Baby Dim Sims \$4.00 2 pieces

Sweet vegetable & tofu baby dim sims steamed with Asian broth & chives. **HOT, DF, NF, VE**

Thai Fish Cakes \$4.00 2 pieces

Cumin, chilli and lemon grass flavors. **HOT, DF, NF**

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Roti Chanai \$4.00 3 pieces

Crispy roti bread lightly browned in the wok with soybean oil and mild chilli powder. **HOT, DF, NF, VE**

Vegetable Pakora \$4.00 1 piece

Vegetables marinated in exotic spices and chickpea batter then golden fried and served with a yogurt and cucumber dip. **HOT**

Cassava (VEG) & Prawn Crackers \$4.00 3 pieces

Vegetable cassava & prawn crackers fried till golden. **HOT, DF, NF**

Satay Sticks Chicken \$4.50 Prawn \$5.30 1 piece

Seared in the wok with chilli, spices and served with satay dipping sauce. **HOT, DF**

Pan-fried Vegetable Skewers \$4.50 1 Piece

A selection of vegetables skewered and marinated in lemon, paprika and chilli, pan-fried then served with Tzatziki sauce.

Peking Duck Crepes \$5.30 1 piece

Served with traditional hoi sin dipping sauce. **COLD, DF, NF**

300-500 entrée serves @ 10% off & 500+ serves @ 15% off

COLD, HOT, GF=Gluten Free, DF=Dairy Free, NF=Nut Free, VE=Vegan VEG=vegetarian Halal, Kosher Friendly and other dietary requirements are happily accommodated for.

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MAIN COURSE

Noodles & Rice (May choose up to 3 dishes)



CHICKEN

(Certified organic chicken available at additional \$2.00 per person)

Chicken Teriyaki (Japanese)

Succulent chicken strips marinated in ginger, onion, mirin & soy sauce, served with green vegetables and steamed rice. **DF, NF, (GF optional)**

Chicken Yakisoba (Japanese)

Succulent chicken strips marinated in garlic, onion, chilli paste & yakisoba sauce, served with green vegetables and noodles. **DF, NF**

Prad Gratium Prik (Malay)

Quickly tossed vegetables & chicken fillets with sweet Vietnamese basil, palm sugar soy glaze & hokkien noodles **DF, NF,**

Shanghai Chicken (Chinese)

Marinated chicken strips immersed in Chinese rice wine, oyster sauce & sesame oil & shitake mushrooms with udon noodles. **DF, NF**

Char Kway Teow (Singapore Noodles with Prawn & Chicken)

DF, NF Tossed quickly with shallots, bean sprouts and light soy sauce and chow mein noodles. **DF, NF**

Mie Goreng (Balinese style)

A mildly spicy fried noodle dish, with chicken, green vegetables, tomato, candlenut and coconut oil, finished with fried egg. **DF**

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Tom Yum (Thai)

Our popular stir-fry version of a Thai classic with tenderised chicken, chilli, lemon grass & galanga with vegetables & rice noodles. **DF, NF, (GF optional)**

Gang Keow Whan (Thai)

Marinated chicken strips with ginger, coconut & mild green curry with bok choy, coriander, mushrooms and steamed jasmine rice. **DF, NF, (GF optional)**

Pad Thai (Thai)

An authentic blend of Asian vegetables, chicken, shrimp, egg, tamarind juice & rice noodles. **DF**

Ayam Goreng Kuning (Indonesian)

Exotic chicken stir-fry with nutmeg, lemongrass and cinnamon flavours and chow mein noodles. **DF, NF.**



BEEF MENU

(Certified bio-dynamic beef available at additional \$2.00 per person)

Beef Teriyaki (Japanese)

Beef strips marinated in ginger, onion, mirin & soy sauce, served with green vegetables and steamed rice.

DF, NF, (GF optional)

Madras Curry

Chickpeas, chilli & our own special five-spice recipe, beef strips, with market fresh vegetables & steamed jasmine rice.

DF, NF, (GF optional)

Beef & Black Bean (Chinese)

Sesame oil, garlic & sweet black bean glaze, bok choy and steamed jasmine rice. **DF, NF**

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Szechwan Peppered Beef (Chinese)

Marinated Beef strips tossed with dry roasted Szechwan pepper and seasonal vegetables & hokkien noodles.

Gang Keow Whan (Thai)

Marinated beef strips with ginger, coconut & mild green curry with bok choy, coriander, mushrooms and steamed jasmine rice. **DF, NF, (GF optional)**

Pad Thai (Thai)

An authentic blend of Asian vegetables, beef, shrimp, egg, tamarind juice & rice noodles. **DF**

Pad Satay (Chinese)

Garlic, ginger, beef, coriander & authentic Hong Kong satay served best with rice noodles. **DF, NF, (GF optional)**



VEGETERIAN

Teriyaki Vegetables (Japanese)

Seasonal Asian vegetables in ginger, onion, mirin & soy sauce, served with green vegetables and steamed rice. **DF, NF, (GF optional)**

Gado Gado (Indonesian)

A healthy Javanese salad, served hot or cold combining potatoes, red onions, and mixed vegetables and a little chilli covered in our authentic sambal kacang (peanut sauce). **DF, (GF optional)**

Nasi Goreng (Indonesian)

Sweet, spicy, sour & salty flavors combine to make Indonesian Fried rice with aroma of lime, chilli and garnished with an egg omelette. **DF, NF, (GF optional)**

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Mie Goreng (Balinese style)

A mildly spicy fried noodle dish with green vegetables, tomato, candlenut and coconut oil, finished with fried egg.

Tom Yum (Thai)

Our popular stir-fry version of a Thai classic with chilli, lemon grass & galanga with vegetables & rice noodles.

DF, NF, (GF optional)

Prad Gratium Prik (Malay)

Quickly tossed vegetables with sweet Vietnamese basil, palm sugar soy glaze & hokkien noodles. **DF, NF**

Vegetarian Gaeng Phet (Thai)

Seasonal vegetables with ginger, coconut & mild red curry with bok choy, coriander, mushrooms and steamed jasmine rice. **DF, NF, (GF optional)**

Pad Satay (Chinese)

Garlic, ginger, coriander, seasonal vegetables & authentic Hong Kong satay served best with rice noodles.



SEAFOOD

(Prawns or seasonal white fish Stir-fry available at \$1.50 extra per serve)

Black Peppered Calamari (Chinese)

Garlic & ginger infused squid with spring onion, coriander & hokkien noodles.

Pad Thai (Thai) DF

An authentic blend of Asian vegetables, shrimp, egg, tamarind juice & rice noodles.

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Gang Keow Whan* (Thai)

Wok seared tiger prawns, with ginger, coconut & mild green curry and bok choy, coriander, mushrooms and steamed jasmine rice.

Pad Satay (Chinese) DF, (GF Optional)

Garlic, ginger, prawns, coriander & authentic Hong Kong satay served best with rice noodles.

Sweet and Sour Fish (Chinese) DF

With ginger, garlic & spring onion, this classic Chinese dish is always popular. Served best with steamed Jasmine Rice.



Moroccan Tagine (May choose up to 3 dishes)

Served with couscous, fresh coriander and natural yogurt

CHICKEN

Tender pieces of chicken stewed in a blend of Moroccan spices with olives, lemon and almonds. **DF, GF optional**

FISH

Pieces of fish gently stewed in a tomato sauce with saffron, ginger and chilli. **DF, GF optional**

VEGETABLE

Chunky pieces of butternut pumpkin, shallots and peppers stewed in a stock with prunes, ginger, honey and mint.

VE, VEG, DF, NF optional, GF optional

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Indian (May choose up to 3 dishes)

Served with rice and garnished with fresh coriander

Chicken Masala

Pieces of chicken cooked in a creamy tomato sauce with a blend of spices and fresh garlic, mixed with capsicum and onion. **DF, NF**

Lamb Madras

Lamb cooked with a combination of curry leaves tempered with mustard seeds in coconut cream with fresh coriander. **DF, NF**

Madras Curry

Chickpeas, chilli & our own special five-spice recipe, beef strips, with market fresh vegetables & steamed jasmine rice. **DF, NF, (GF optional)**



Aloo Gobi

Potatoes and Cauliflower cooked with exotic spices, onions and fresh ginger and coriander. **VEG, VE, DF, NF**



Dahl Tadka

Yellow lentils delicately tempered and seasoned with spices, ginger and fresh coriander. **VEG, VE, NF, DF**

Mains Pricelist

SERVES	SMALL	MEDIUM	LARGE
30-39	NA	\$42	\$47
40-49	NA	\$32	\$35
50-99	NA	\$27	\$30
100-299	\$15	\$23.50	\$26
300-399	\$13	\$17	\$20
400-599	\$11	\$15	\$18
600+	\$10	\$14	\$17

Further discounts for multiple bookings

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SALADS

Asian Green Salad \$8.00

Cos lettuce tossed with grated carrot, shallots, and bean shoots with chilli coriander and mint, drizzled in a lemon and pepper dressing.

Asian Coleslaw \$8.00

A selection of Asian cabbage tossed with red peppers, carrots & shallots with peanuts, drizzled in a sweet peanut dressing.

Tomato & Chickpea Salad \$8.00

Baby rocket, chickpeas, tomato and red onion drizzled with a Moroccan spiced dressing.

Tuna & Bean Salad \$8.00

Mixed beans, tuna and cos lettuce with cherry tomato's red onion and cucumber tossed in a Balsamic mustard dressing.



DESSERTS

(Your choice of 1 < 60 Serves, 2 Choices > 60 Serves)

Asian Paddle Pops \$3.80

*A fun and refreshing option of ice creams on sticks served by our roving chef from his mobile esky. Try flavors of mango, coconut & honey dew melon. **COLD***

Banana or Pineapple Fritters & Ice Cream \$9.30

*Our most popular dessert, ripe bananas are deep fried in tapioca batter and rolled in cinnamon & shredded coconut, with vanilla ice cream. **HOT***

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Sticky Date Pudding \$9.30

Guests are served direct from the steamer, a delicious individual pudding with hot butterscotch sauce & ice cream.

Red Bean Pancakes \$9.30

Guests are invited up to our giant pans to take a stack of freshly cooked hot pancakes with red bean glaze & ice cream or cream. **HOT**

Mung Bean Balls \$9.30

Deep fried and served with a scoop of vanilla ice cream.

Sweet Black Rice & Mango Pudding \$9.30

A melt in your mouth dish of glutinous black rice cooked in the wok with pandan leaves, & garnished with mango slices & coconut milk. **HOT**

Wok Gelato \$8.00

A selection of strawberry, lemon and chocolate gelato served in sugar cones or classic cups. **COLD**

Classic Lemon Cheesecake \$9.30

Creamy cheesecake with biscuit base and delicious lime zest, served with cream or ice cream. **COLD**

Kulfi \$3.80

Indian ice cream enriched with pistachios and almonds. Mango flavoured Indian ice cream. **COLD**

300-500 dessert serves @ 10% off & 500+ serves @ 15% off



May the wok be with you!

Flying Woks (Aust) Pty Ltd

PO Box 1100, Sunshine West

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