

# FLYING WOKS MENU



## ENTREES/FINGER FOOD

### **Seared Dumplings \$4.80 2 piece**

Authentic hand made dumplings served with traditional soy dipping sauce. Pork or Veg HOT, DF, NF

### **Rice Paper Rolls \$4.50 1 piece**

Hand rolled with coriander, vermicelli and vegetables with Vietnamese dipping sauce. Prawn and Veg COLD, DF, and NF

### **Prawn & Potato Wraps \$4.00 1 piece**

Golden fried prawns wrapped in shredded potato and served with sweet chilli sauce. HOT, GF, DF, NF

### **Thai Style Bruschetta \$4.00 1 piece**

Ripe tomato, Thai basil and mild chilli paste on fresh sourdough bread. COLD, DF, NF, VE

### **Steamed Buns \$4.00 1 piece**

Delicious hand made buns cooked in front of your guests from our giant wok steamers. Pork or Veg HOT, DF, NF, VE

### **Spring Rolls \$4.80 2 pieces**

Home made Vietnamese spring rolls, pork or vegetable. HOT, DF, NF

### **Five Spice Samosas \$4.50 1 piece**

Hand turned pastry filled with masala-curved vegetables. HOT, DF, NF

### **Baby Dim Sims \$4.00 2 pieces**

Sweet vegetable & tofu baby dim sims steamed with Asian broth & chives. HOT, DF, NF, VE

### **Thai Fish Cakes \$4.00 2 pieces**

Cumin, chilli and lemon grass flavors. HOT, DF, NF

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## **Roti Chanai \$4.00 3 pieces**

Crispy roti bread lightly browned in the wok with soybean oil and mild chilli powder. HOT, DF, NF, VE

## **Vegetable Pakora \$4.80 2 pieces**

Vegetables marinated in exotic spices and chickpea batter then golden fried and served with a yogurt and cucumber dip. HOT

## **Cassava (VEG) & Prawn Crackers \$4.00 3 pieces**

Vegetable cassava & prawn crackers fried till golden. HOT, DF, NF

## **Satay Sticks Chicken \$4.50 Prawn \$5.30 1 piece**

Seared in the wok with chilli, spices and served with satay dipping sauce. HOT, DF

## **Pan-fried Vegetable Skewers \$5.30 1 Piece**

A selection of vegetables skewered and marinated in lemon, paprika and chilli, pan-fried then served with Tzatziki sauce.

## **Peking Duck Crepes \$5.30 1 piece**

Served with traditional hoi sin dipping sauce. COLD, DF, NF

**300-500 entrée serves @ 10% off & 500+ serves @ 15% off**

**COLD, HOT, GF=Gluten Free, DF=Dairy Free, NF=Nut Free, VE=Vegan VEG=vegetarian** Halal, Kosher Friendly and other dietary requirements are happily accommodated for.

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## MAIN COURSE

### Noodles & Rice (May choose up to 3 dishes)

#### CHICKEN

(Certified organic chicken available at additional \$2.00 per person)

##### **Chicken Teriyaki (Japanese)**

Succulent chicken strips marinated in ginger, onion, mirin & soy sauce, served with green vegetables and steamed rice. DF, NF, (GF optional)

##### **Chicken Yakisoba (Japanese)**

Succulent chicken strips marinated in garlic, onion, chilli paste & yakisoba sauce, served with green vegetables and noodles. DF, NF

##### **Prad Gratum Prik (Malay)**

Quickly tossed vegetables & chicken fillets with sweet Vietnamese basil, palm sugar soy glaze & hokkien noodles DF, NF,

##### **Shanghai Chicken (Chinese)**

Marinated chicken strips immersed in Chinese rice wine, oyster sauce & sesame oil & shitake mushrooms with udon noodles. DF, NF

##### **Char Kway Teow (Singapore Noodles with Prawn & Chicken)**

Tossed quickly with shallots, bean sprouts, garlic and light soy sauce. DF, NF

##### **Mie Goreng (Balinese style)**

A mildly spicy fried noodle dish, with chicken, green vegetables, tomato, candlenut and coconut oil, finished with fried egg. DF

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## **Tom Yum (Thai)**

Our popular stir-fry version of a Thai classic with tenderised chicken, chilli, lemon grass & galanga with vegetables & rice noodles. DF, NF, (GF optional)

## **Gang Keow Whan (Thai)**

Marinated chicken strips with ginger, coconut & mild green curry with bok choy, coriander, mushrooms and steamed jasmine rice. DF, NF, (GF optional)

## **Pad Thai (Thai)**

An authentic blend of Asian vegetables, chicken, shrimp, egg, tamarind juice & rice noodles. DF

## **Ayam Goreng Kuning (Indonesian)**

Exotic chicken stir-fry with nutmeg, lemongrass and cinnamon flavours and chow mein noodles. DF, NF.

## **BEEF MENU**

**(Certified bio-dynamic beef available at additional \$2.00 per person)**

## **Beef Teriyaki (Japanese)**

Beef strips marinated in ginger, onion, mirin & soy sauce, served with green vegetables and steamed rice.

DF, NF, (GF optional)

## **Madras Curry**

Chickpeas, chilli & our own special five-spice recipe, beef strips, with market fresh vegetables & steamed jasmine rice.

DF, NF, (GF optional)

## **Beef & Black Bean (Chinese)**

Sesame oil, garlic & sweet black bean glaze, bok choy and steamed jasmine rice. DF, NF

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## **Szechwan Peppered Beef (Chinese)**

Marinated Beef strips tossed with dry roasted Szechwan pepper and seasonal vegetables & hokkien noodles.

## **Gang Keow Whan (Thai)**

Marinated beef strips with ginger, coconut & mild green curry with bok choy, coriander, mushrooms and steamed jasmine rice. DF, NF, (GF optional)

## **Pad Thai (Thai)**

An authentic blend of Asian vegetables, beef, shrimp, egg, tamarind juice & rice noodles. DF

## **Pad Satay (Chinese)**

Garlic, ginger, beef, coriander & authentic Hong Kong satay served best with rice noodles. DF, NF, (GF optional)

## **VEGETERIAN**

### **Teriyaki Vegetables (Japanese)**

Seasonal Asian vegetables in ginger, onion, mirin & soy sauce, served with green vegetables and steamed rice. DF, NF, (GF optional)

### **Gado Gado (Indonesian)**

A healthy Javanese salad, served hot or cold combining potatoes, red onions, and mixed vegetables and a little chilli covered in our authentic sambal kacang (peanut sauce). DF, (GF optional)

### **Nasi Goreng (Indonesian)**

Sweet, spicy, sour & salty flavors combine to make Indonesian Fried rice with aroma of lime, chilli and garnished with an egg omelette. DF, NF, (GF optional)

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## **Mie Goreng (Balinese style)**

A mildly spicy fried noodle dish with green vegetables, tomato, candlenut and coconut oil, finished with fried egg.

## **Tom Yum (Thai)**

Our popular stir-fry version of a Thai classic with chilli, lemon grass & galanga with vegetables & rice noodles.  
DF, NF, (GF optional)

## **Prad Gratium Prik (Malay)**

Quickly tossed vegetables with sweet Vietnamese basil, palm sugar soy glaze & hokkien noodles. DF, NF

## **Vegetarian Gaeng Phet (Thai)**

Seasonal vegetables with ginger, coconut & mild red curry with bok choy, coriander, mushrooms and steamed jasmine rice. DF, NF, (GF optional)

## **Pad Satay (Chinese)**

Garlic, ginger, coriander, seasonal vegetables & authentic Hong Kong satay served best with rice noodles.

## **SEAFOOD**

(Prawns or seasonal white fish Stir-fry available at \$1.50 extra per serve)

## **Black Peppered Calamari (Chinese)**

Garlic & ginger infused squid with spring onion, coriander & hokkien noodles.

## **Pad Thai (Thai) DF**

An authentic blend of Asian vegetables, shrimp, egg, tamarind juice & rice noodles.

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## **Gang Keow Whan\* (Thai)**

Wok seared tiger prawns, with ginger, coconut & mild green curry and bok choy, coriander, mushrooms and steamed jasmine rice.

## **Pad Satay (Chinese) DF, (GF Optional)**

Garlic, ginger, prawns, coriander & authentic Hong Kong satay served best with rice noodles.

## **Sweet and Sour Fish (Chinese) DF**

With ginger, garlic & spring onion, this classic Chinese dish is always popular. Served best with steamed Jasmine Rice.

## **Moroccan Tagine (May choose up to 3 dishes)**

**Served with couscous, fresh coriander and natural yogurt**

### **Chicken Tagine**

Tender pieces of chicken stewed in a blend of Moroccan spices with olives, lemon and almonds. DF, GF optional

### **Fish Tagine**

Pieces of fish gently stewed in a tomato sauce with saffron, ginger and chilli. DF, GF optional

### **Vegetable Tagine**

Chunky pieces of butternut pumpkin, shallots and peppers stewed in a stock with prunes, ginger, honey and mint. VE, VEG, DF, NF optional, GF optional

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## **Indian** (May choose up to 3 dishes)

Served with rice and garnished with fresh coriander

### **Chicken Masala**

Pieces of chicken cooked in a creamy tomato sauce with a blend of spices and fresh garlic, mixed with capsicum and onion. DF, NF

### **Lamb Madras**

Lamb cooked with a combination of curry leaves tempered with mustard seeds in coconut cream with fresh coriander. DF, NF

### **Madras Curry**

Chickpeas, chilli & our own special five-spice recipe, beef strips, with market fresh vegetables & steamed jasmine rice. DF, NF, (GF optional)

### **Aloo Gobi**

Potatoes and Cauliflower cooked with exotic spices, onions and fresh ginger and coriander. VEG, VE, DF, NF

### **Dahl Tadka**

Yellow lentils delicately tempered and seasoned with spices, ginger and fresh coriander. VEG, VE, NF, DF

### Mains Pricelist

<b>SERVES</b>	<b>SMALL</b>	<b>MEDIUM</b>	<b>LARGE</b>
<b>30-39</b>	NA	\$42	\$47
<b>40-49</b>	NA	\$32	\$35
<b>50-99</b>	NA	\$27	\$30
<b>100-299</b>	\$15	\$23.50	\$26
<b>300-399</b>	\$13	\$17	\$20
<b>400-599</b>	\$11	\$15	\$18
<b>600+</b>	\$10	\$14	\$17

Further discounts for multiple bookings

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## SALADS

### **Asian Green Salad \$8.00**

Cos lettuce tossed with grated carrot, shallots, and bean shoots with chilli coriander and mint, drizzled in a lemon and pepper dressing.

### **Asian Coleslaw \$8.00**

A selection of Asian cabbage tossed with red peppers, carrots & shallots with peanuts, drizzled in a sweet peanut dressing.

### **Pomegranate & Pistachio Salad \$8.00**

Green Salad tossed with mint, fennel, pomegranate & pistachio seeds and splashed with red wine vinegar & orange juice dressing.

### **Tomato & Chickpea Salad \$8.00**

Baby rocket, chickpeas, tomato and red onion drizzled with a Moroccan spiced dressing.

### **Tuna & Bean Salad \$8.00**

Mixed beans, tuna and cos lettuce with cherry tomato's red onion and cucumber tossed in a Balsamic mustard dressing.

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## DESSERTS

### DESSERTS FOR A STAND UP OCCASION

#### **Mini Tarts \$90 / 20 serves**

20 Assorted mini tarts including lemon tart, lime meringue, Tiramisu, Chocolate praline, pistachio and caramel nut.

#### **Slice Bites \$75 / 20 Serves**

20 assorted petite sized slices, including cherry, lemon, caramel, mint and hedgehog.

#### **Jar Cakes \$8**

**Berry Trifle** jelly and creamy mousse spiked with macaroon crumb

**Caramel Apple Pie** layers of apple cinnamon cream, gooey caramel and crumble topping.

**Honey Nougat** layers of praline mousse and honey nougat with yummy chocolate cake.

### ICECREAMS

#### **Wok Gelato \$8.00**

A selection of strawberry, lemon and chocolate gelato served in sugar cones or classic cups. COLD

#### **Asian Paddle Pops \$3.80**

A fun and refreshing option of ice creams on sticks served by our roving chef from his mobile esky. Try flavors of mango, coconut & honey dew melon.

### DESSERTS FOR A MORE FORMAL OCCASION

(All served with cream or ice cream, your choice of 1 < 60 Serves, 2 Choices > 60 Serves)

#### **Banana or Pineapple Fritters \$9.30**

Our most popular dessert, ripe bananas are deep fried in tapioca batter and rolled in cinnamon & shredded coconut.

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## **Sticky Date Pudding \$9.30**

Guests are served direct from the steamer, a delicious individual pudding with hot butterscotch sauce & ice cream. HOT

## **Sweet Black Rice & Mango Pudding \$9.30**

A melt in your mouth dish of glutinous black rice cooked in the wok with pandan leaves, & garnished with mango slices & coconut milk. HOT

## **Raspberry White Mousse \$9.30**

Crispy thin shell of pure white chocolate encases a delightful vanilla mousse, on a raspberry macaron base. COLD GF

## **Bailey & Belgium Chocolate Mousse \$9.30**

Creamy Baileys and Belgium chocolate cream mousse blended together in this delicious creamy dessert. COLD

## **Mixed Berry Cheese Cake \$9.30**

Vanilla crumb cheesecake with a berry full fruit glaze. COLD

## **Fruit Tart \$9.30**

Butter shortbread filled with creamy custard filling and topped with fresh fruits of the season. COLD

## **Banana & Honey Cake \$9.30**

Individual banana & honey cakes topped with cream cheese icing drizzled with honey syrup. COLD

## **Tiramisu \$10.50**

Layers of espresso soaked fresh baked savoiardi biscuits within a layered marsala cream topped with chocolate shavings. COLD

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